



Spring 2009 Developmental League Registration

**Spring season runs six Saturdays
From April 18, 2009 through May 23, 2009**

DEADLINE: Form and Check must be received by **April 1st, 2009**
Mail to: Jason Berna 2000 University Ave., Dubuque, IA 52001

Cost: \$40 – includes a t-shirt uniform for each participant
(Make Checks Payable to "Dubuque Soccer Club")

Player's Name: _____ Date of Birth: _____ Age: _____

Player's T-shirt Size (**must circle one**): YS YM YL AS AM AL XL

Parent's Name: _____ Child: Male ___ Female ___

Address: _____ City: _____ Zip: _____

E-mail: _____ Home Phone: _____

Work Phone: _____

Are you interested in coaching? **YES / NO** (circle one) name: _____ t-shirt size _____

In case of emergency contact: _____ Phone: _____

**** Parental Permission ****

My child has permission to participate in the Dubuque Soccer Club Developmental League. I understand that players participate at their own risk and will not hold the Dubuque Soccer Club, or their officers, responsible for any injury.

Parent/Guardian Name (please print): _____

Signature: _____ Date: _____

Circle age group for your child (read dates carefully)

- U-11 (8/1/97 - 7/31/99)
- U-9 (8/1/99 - 7/31/01)
- U-7 (8/1/01 - 7/31/03)
- U-5 (8/1/03 - 7/31/05)

**Dubuque Soccer Club Developmental League (DSCDL)
Spring 2009**

DSCDL is intended for players of all abilities. It is a non-competitive environment intended as an introduction to the game. However, U-8 thru U-11 travel soccer teams that have been formed are a direct result of the DSCDL. It's a great way to get started if travel soccer might be of interest.

DSCDL offers excellent soccer fields, player medals, trained referees (U9-U11), and periodic coaching clinics by trained and licensed coaches. We play short-sided games (3v3 for U-5's, 4v4 for U-7's, 6v6 for U-9's, and 8v8 for U-11's). Practice and game times are as follows: **U-5** 8:00am-9:00 am, **U-7** 9:15am-10:30, **U-9** 9:00am-10:30am, **U-11** 9:30am-11:00am.

Some of the basics of short-sided soccer are:

- a. Reduce the size of the swarm. Young children prefer small groups. Large groups are too intimidating.
- b. Create more touches of the ball. Fewer players on the field equal more opportunities to dribble, pass, and shoot the ball. The game itself is the best teacher!
- c. Do not allow players to "hide" or be excluded from an activity. With large-sided teams, it's easy for the more timid children to "hide" on the field.
- d. Present realistic but simple soccer challenges. The beauty of the game is that the answers will become obvious to the players the more opportunities they have to answer them.
- e. Have fun! If all of these basics are presented in an environment that downplays the importance of winning, the result creates great enjoyment for the players. If they are having fun, they will ask to come back year after year.

The Spring season will run on Saturdays from April 18, 2008 thru May 23, 2008 (six weeks). The Cost is \$40 which includes their t-shirt uniform. Registration for the Spring season must be received by April 1st, 2009.

Coaches are needed. Coaches do not need experience. We will have experienced coaches available for help and periodic clinics on game days. The time commitment involves Saturdays for only a couple of hours. Practices are held just prior to the games. We cannot have a successful season without enough coaches. If we don't get enough coaches, we may have to turn away players. Please help us out! For more information please call Jason Berna at 589-3786 or e-mail at iberna@dbq.edu. E-mail is preferred.